

風火水土 ARMONIA

ITEC Reflexology Diploma

INTRODUCTION

The International Therapy Examination Council (ITEC) is the largest international examinations board offering vocational qualifications in Beauty, Complementary and Sports Therapy. ITEC is supported by industry and recognised by the Qualifications and Curriculum Authority (QCA) on behalf of the Department for Education and Skills (DFES).

Achievement of the ITEC Reflexology Diploma will allow you to work within the health and beauty sector in a wide variety of establishments and you may wish to enhance your skills further by studying further post graduate courses such as the ITEC Aromatherapy Diploma or the ITEC Sports Therapy Diploma.

This programme is aimed at students over 19 years of age who wish to change or enhance their career path, but may be working or have other commitments preventing them from attending a full time course.

To achieve the ITEC Reflexology Diploma you will attend the Academy for 3 hours per week for 30 weeks. Evening or weekend (varied attendance pattern) attendance options are available subject to student numbers. The delivery time is divided equally between the theory and practical elements of the course covering **90 guided learning hours**.

The full Diploma requires students to have studied for and achieved a recognised qualification in Anatomy & Physiology and Professional Conduct and Business Awareness. These can be studied at the same time as the Reflexology component of the Diploma.

Content

- Reflexology Theory & Practical – 90 hours
- Anatomy and Physiology – covering all the systems of the body - 50 hours or APL
- Professional Conduct and Business Awareness - 50 hours / supported learning or APL

Accreditation of prior learning (APL) for Anatomy & Physiology and/or **Professional Conduct and Business Awareness** can be requested against the relevant components of this qualification – please contact the Academy to discuss your individual requirements.

Course information

Your training will consist of practical input, theory input, case study work and personal tutorial sessions, to monitor your personal progress and develop your individual learning plan.

Your practical training will take place in the Academy's training salon. Once the reflexology routine has been delivered the practical sessions will become open to the general public. This will allow you to carry out some of your case study work and give you the opportunity to gain valuable salon experience.

Your theory delivery will be carried out in our theory room equipped with interactive technology. The course input is supported by comprehensive delivery materials allowing for lesson time to be focused on your learning.

Assessment

ITEC Diplomas are examination based qualifications structured in 3 parts.

- Practical examination
- Theory examination
- Case studies

The **practical examination** is conducted by an external ITEC Examiner. You will be required to carry out a full reflexology treatment on a client. During this process the examiner will ask questions to allow you to demonstrate your knowledge and understanding relating to the treatment being performed.

The **theory examination** consists of 1 to 3 (depending up on qualifications already held) multiple choice question papers covering the 3 topic areas:

- Reflexology
- Anatomy and Physiology
- Professional Conduct and Business Awareness

Each 1 hour paper is made up of 50 multiple choice questions. Both theory and practical examinations are held at the Academy at the end of the academic year.

Case Studies

Each case study consists of 4 separate reflexology treatments performed on a client and then documented. You are required to carry out 10 case studies on different clients making a total of 40 treatments. These are completed over the duration of the course and are in addition to your course hours. Support and guidance to assist with the completion of your case studies is provided by your course tutor. Student insurance is compulsory for case study treatments carried out away from the Academy.

Your case studies are designed to show your progression and development as a reflexologist. They will be marked by your course tutor and on completion they will be submitted to the ITEC examiner on the day of your practical examination.

Entry Requirements

It is desirable to have achieved 5 GCSE's at grade or above to study for this qualification. These qualifications need not apply to mature applicants whose suitability will be assessed at interview, based on motivation, potential and previous experience.

It is essential that all candidates have an enquiring mind, enthusiasm, motivation and a desire to work with people. Your acceptance on the course will be dependant up on a successful interview and a suitable reference.

Progression Route

ITEC Aromatherapy Diploma (P/T)

ITEC Sports Therapy Diploma (P/T)

Employment opportunities

Employment in a Health Care Clinic, Beauty Salon, Spa, Self Employment.